

## YOUTH LEADERSHIP PROGRAM

The Youth Leadership Program is based on the belief that every young person has the potential to become a good communicator and leader, but this potential needs to be developed. Mt. Ararat High School in conjunction with Toastmasters International is sponsoring this program for the second year. In this program, students will learn to:

- overcome the nervousness everyone feels when asked to speak before an audience
- organize and present their ideas logically and convincingly
- listen carefully to others' ideas
- offer advice that will help others improve their speaking and leadership skills
- participate in -- and even lead -- group discussions or meetings.

This program is open to all Mt. Ararat Juniors and Seniors. The eight sessions meet from 6:00-7:30 on Mondays in Room 205. **Students may get more information by picking up a pamphlet from Mrs. Thiboutot in the Guidance Office. Students who choose to participate need to register with Mrs. Thiboutot.**

### Meeting Dates:

September 13, 20, 27

October 4, 18, 25

November 1, 8

### Instructors:

Deb Nowack, an employee of L.L. Bean and member of Toastmasters International

Mitch Farrar, a Mt. Ararat parent and engineer at National Semiconductor in South Portland.

David Tucker, a resident of Falmouth and engineer at National Semiconductor in South Portland