

## Health Center Staff

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### **Dr. Lawrence Losey**

Parkview Adventist Medical Center  
The Eagle's Nest Medical Director  
729-9983

### **Lori Brodsky RN, FNP**

Nurse Practitioner  
729-2951 x274

### **Kim Smith RN**

Administrative Assistant  
729-2951 x273

### **Marla Blake RN, MEd**

School Nurse  
729-2951 x264

### **Health Center Administrative Office**

Phone (207) 729-2951 x273

Fax (207) 725-0143

## Hours of Operation

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### **Nurse Practitioner**

Monday, Tuesday & Thursday 8:00-1:30

### **Mental Health Services**

By appointment

*The school nurse is available Mon-Fri 7:30-3:00,  
and can treat symptoms of illness if the nurse  
practitioner is not available.*

## Our Mission

To promote quality healthcare to our youth by providing services and programs in school that assure that they are both physically and emotionally prepared to take full advantage of their educational opportunities and experience a positive healthy lifestyle.

# Mt. Ararat



# School-Based Health Center

**Mt. Ararat High School**  
**School-Based Health Center**  
**The Eagle's Nest**  
**Affiliated with Mid-Coast Hospital**

# "Healthy Students Make Better Learners"

## Expanded Services Provided

### **Medical**

- Over the counter medications
- Diagnosis, treatment and triage of injuries, order x-rays if needed
- Diagnosis and treatment of illnesses: strep throat, ear infections, headaches, and anemia (*The nurse practitioner is able to write/call in prescriptions if they are needed for treatment.*)
- Nurse practitioner works in conjunction with your doctor
- Assistance with chronic conditions such as diabetes, asthma (including school asthma plans), and eating disorders
- Provision of routine lab tests such as throat cultures, urine screening for infection and screening for anemia
- Health education, counseling and wellness promotion
- Vaccinations for uninsured, underinsured and Maine Care clients
- Flu shots
- Routine physical exams including sports and camp physicals
- Reproductive health counseling
- Annual Health Risk Assessment and counseling appointments and walk-ins welcome

### **Mental Health**

- Mental health counseling (additional parental consent required). Your insurance will be billed. Help with co-pay may be available.
- "Teen Screen" a nationally recognized program for screening for suicide risk in adolescents (additional parental consent required)

### **Dental**

- Oral health screenings, treatment and referral by a Registered Hygienist

## Enrollment Information

- All students are eligible for enrollment
- Annual parental permission required unless student is 18 years old

### **Fees**

- Annual enrollment fee of \$20.00 (unless you have Maine Care)
- Family Discount; \$20.00 first student, \$10.00 Each additional student

### **Insurances billed through the SBHC**

- Maine Care, Aetna, Anthem/Blue Cross and Cigna

### **Financial benefit to join?**

- No Co-pay
- You'll never receive a bill
- If your insurance is billed, it will be applied towards your deductible
- You will not have to leave work for your child to be seen and treated by the nurse practitioner

## Confidentiality

We strongly recommend parental participation, however all medical records containing information regarding mental health; substance abuse treatment and reproductive health care must be kept confidential by law, just as in your doctor's office. No information is shared with school staff without your permission.

## Why join?

- Convenience of care at school
- Parents can stay at work while their child is being seen by the NP

## Read Some Feedback

**From one of our students:** "Typically when I would get sick I would have to go to the doctors, but because of the expense I could only go when it was serious. So for only a small fee here at the school I could go get checked out and prescribed medicine right from the school health center. Whenever you don't feel well, you can make an appointment or wait to see one of the friendly nurses. The staff is super and because of this program I was able to remain in school when I was sick without the threat of being contagious because I was given medicine right away!"

**From one of our parents:** "Please feel free to share with the board how pleased I have been with the accessibility and quality of health care at the High School School-Based Health Center. It is a wonderful program. It is difficult for kids, especially kids in sports with working parents, to leave for a scheduled doctors' appointment. It is great to be able to be evaluated for such things as strep throat, ear infections, etc. with minimal difficulty. I am glad my daughter did not have to miss school in order to be seen. It makes a big difference academically."

### **More student comments:**

"You receive quality treatment."

"I like the kind and caring actions of the nurse."

"Always treat you like family."

"I think they all care about the well being of each individual student."