

Mt. Ararat High School
Fall 2010 Pre-Season Practice Schedule
(June 16, 2010)

First Week

- Cross Country** **Mt. Ararat High School**
8 - 10 am, Monday –Friday
- Cheering** **Stadium Field**
4:30 - 7 pm, Monday – Friday
- Golf** **Mere Creek**
8/16 9 am - Practice round evaluation for all. Top 16 invited to participate in the next three days of practice.
8/17 -19 9 am - Varsity qualifying rounds. Top 10-12 make varsity team.
8/23 9 am - JV practices begin at Mere Creek
- Boys Soccer** **Woodside School**
8/16 8 - 10 am **and** 2 - 4 pm
8/17 8 - 11 am
8/18 8 - 10 am **and** 2 - 4 pm
8/19 8 - 11 am
8/20 Scrimmage at Scarborough
- Girls Soccer** **Mt. Ararat High School Practice Field**
7:30 - 9:30 am **and** 5:30 - 7:30 pm, Monday through Friday
- Field Hockey** **Mt. Ararat High School Field Hockey Game Field**
8/16 - 19 8 - 10 am **and** 4 - 5:30 pm
8/19 - 5:45 pm - Mandatory parent meeting.
8/20 8 - 10 am
- Football:** **Annex Practice Field**
8/16 – 20 8 am **and** 3:30 pm
8/21 Team activity Saturday morning